

**TYPING INSTRUCTIONS FOR PAPERS FOR BMC-10** *12 point, bold*  
**AND EXAMPLE OF A PAPER**

Andrzej M. BRANDT *12 point, regular*

Institute of Fundamental Technological Research Polish Academy of Sciences  
5B, Pawinskiego Str., 02-106 Warszawa, Poland, e-mail: [abrandt@ippt.gov.pl](mailto:abrandt@ippt.gov.pl)

**ABSTRACT** *bold*

In the following, the detailed instructions are given in the form of an example of a paper prepared for BMC-10. Please, pay attention to the arrangement of the text, and read and follow the indications given in the annexed letter as to the volume and the deadline for the papers. Authors whose first language is not English are kindly requested to have their text carefully edited prior to submission. Please, use only SI units. One hard copy (excellent original) is required and its electronic version in principle as a PDF file, but a MS WORD is also accepted, send by e-mail: [abrandt@ippt.gov.pl](mailto:abrandt@ippt.gov.pl).

**Keywords**

Indications, language, text, illustrations, references.

**INTRODUCTION**

Special sheets are not supplied and the Authors are kindly asked to select good white A4 size paper (210 x 297 mm). A paper must not exceed 10 pages (tables and illustrations included). All text, tables and figures must fit within the 160 x 247 mm area and the text should be printed on one side of a sheet. Leave 6 lines free on top of the first page. The margins in the *page setup* should be set to 25 mm. The publishing staff will do no correcting, editing or retyping.

It is a good practice to give here a short review of the present state of knowledge and technique of the considered subject and to explain the aim of the research.

**DETAILED INSTRUCTIONS**

**Text**

The text should be typed using a serif typeface 12 point in size (for Abstract 10 point); the best choice is the *Times New Roman*, like in the present example. Single line spacing should be adopted throughout and larger spaces used only when mathematical symbols and formulae appear. Word processing / desktop publishing with a high quality laser printer is preferred. Texts printed on dot matrix and thermal printers cannot be accepted for good quality reproduction. Any corrections are unacceptable, except that whole lines or paragraphs with corrected text may be pasted over the page.

From the second paragraph in each chapter leave paragraph openings of 10 mm. Full justification of the paragraphs is required. Number each page consecutively on the right margin outside of the text only on the paper using a soft pencil.

### **Illustrations and tables**

Figures and Tables should be included in the text, near to where they are first referred. All illustrations should be called Figures (Fig.) and should be numbered consecutively. Captions should be typed possibly in one line and centred below the Figure. Also Tables should be numbered and titled.

Photographs must be good quality black and white; keep their number to the strict necessity, as their reproduction may not be perfect. Leave two blank lines above and one below each Figure and Table.

All figures and lettering must be of a size to remain legible after a 30% reduction from original size.

### **Main headings and secondary headings**

Follow the example given in this text. Main headings centred and all capitals, secondary headings with the first letter capitalized only. All headings in bold characters. Do not use third level headings and do not number the headings.

### **Symbols**

Mathematical symbols, formulae and equations should be typed leaving a blank line above and below them. Characters should be used which are available as standard on the printer. If there are many equations, they may be numbered in parenthesis close to the right margin.

## **CONCLUSIONS**

Main results of the above presented tests, computations and/or observations. Proposed further research.

## **ACKNOWLEDGEMENTS**

(If needed)

## **REFERENCES**

A numbered system of references is required, each reference being numbered consecutively. The references should appear in the text with the author(s) names and a number, e.g. Tattersall and Banfill [1]. They should be listed using the following style.

1. Tattersall, G.H., Banfill, P.F.G., The Rheology of Fresh Concrete. Pitman Advanced Publ. Program, Boston-London-Melbourne 1983, pp 356
2. Brandt, A.M., On the optimal direction of short metal fibres in brittle matrix composites. J. of Materials Science, 20, 1985, 3831-3841
3. Glinicki, M.A., Brittleness mechanisms and the durability of glass fibre reinforced cement composites (in Polish). IFTR Reports, Warsaw 1999, pp 269
4. Debicki, G., Hamelin, P., Raclin, J., Influence of fibre orientation on mechanical strength of fibre reinforced concrete. In: Proc.Int.Symp."Brittle Matrix Composites 2", A.M. Brandt and I.H. Marshall eds. Cedzyna 20-22 Sept. 1988, Elsevier Applied Science, London 1988, 44-55